

## How to Register

Register online on the Sunset Skating Club website:

[www.sunsetskatingclub.com](http://www.sunsetskatingclub.com)

### Club Contacts

Club message line: **604-321-1330**

[info@sunsetskatingclub.com](mailto:info@sunsetskatingclub.com)

Registrar: [sunsetregistrar@hotmail.com](mailto:sunsetregistrar@hotmail.com)

Junior Development Coordinator:  
[sunset.jd@hotmail.com](mailto:sunset.jd@hotmail.com)

### Junior Development (JD) Program Policy

All of the following **conditions** must be met to be eligible for taking private lessons on Sunset's Junior ice:

1. Skaters in the JD Program must register 2 days per week in the JD Program to be **eligible** for taking lessons on our Junior Star program;
2. Skaters in the JD Program must have passed JD Level 5, at minimum, to be **qualified** for taking on our Junior Star program;

The Sunset Skating Club, its Board members, coaches, and volunteers are not responsible for any accident, injuries or loss of personal belongings either on or off the ice at Sunset Arena during programs. Sunset SC is not responsible for cancellation of classes due to unavailable ice, but will make every effort to reschedule, if at all possible. There will be a charge of \$25.00 for any NSF cheques. Withdrawals before the start of session or up to and including the first class only – NO EXCEPTIONS unless accompanied by a valid medical certificate. No refunds will be issued for any reason unless accompanied by a valid medical certificate. All refunds will be pro-rated and in the form of a credit note. An administration fee of \$5.00 will apply to all refunds/prorating/credit-notes being processed. The \$43.65 Skate Canada fee is non-refundable.



## Sunset Skating Club

Arena located at 390 East 51<sup>st</sup> Avenue, Vancouver, B.C.

## Junior Development



## Summer 2022

July 4 – August 12, 2022

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Sunset Skating Club



## After CanSkate...

An **introduction to figure skating** in a group lesson setting. All skaters accepted into the JD program have been auditioned by one of the program coordinators and have shown talent, desire, and an interest in figure skating

Jumps, spins, footwork and musicality will be developed through this twice per week program. Class sizes are kept smaller to allow for individual attention. Skaters must show their commitment by enrolling in the entire program, **both** on ice and off ice development (2 days a week).

**DRYLAND:** Our club coaches will work on off-ice jump techniques and strength training. Precise muscle area workouts and conditioning exercises are emphasized. Benefits include injury prevention and on ice personal improvements.

Sunset Skating Club's JD **coaching staff** is one of the best in Vancouver. Nationally certified coaches with competitive experience will work with your child on a weekly basis to ensure they develop the necessary figure skating basics.

**Skating attire** for Junior Development differs greatly from that of CanSkate. Girls are to arrive in a skating dress, skirt or sports tights/leggings with their hair tied back or in a bun. Boys are to wear appropriate skating pants. **NO loose clothing or heavy winter jackets.** Helmets are NOT recommended or necessary at this level.

*All JD fees include coaching fee.*

Days	On-Ice	Off-Ice	Dates	Cost
Mondays	4:45pm to 5:45pm	6:00pm to 6:45pm	July 4 to August 8	} \$300
Fridays	3:45pm to 4:45pm	4:55pm to 5:40pm	July 8 to August 12	

**2 days per week (6 weeks)**

The Skate Canada member fee \$43.65 is payable once per year, for the period September 1, 2021 to August 31, 2022